

## Patient Heart Health Questionnaire

1. Have you had any heart disease or heart problems..... yes no  
a. when? \_\_\_\_\_  
b. what? \_\_\_\_\_
2. Has anyone in your family had heart disease..... yes no  
a. when? \_\_\_\_\_  
b. what? \_\_\_\_\_
3. Have you had your cholesterol levels checked in the last 12 months yes no  
a. what were the results? \_\_\_\_\_
4. Anyone in your immediate family with high cholesterol..... yes no  
a. who? \_\_\_\_\_
5. Do you take cholesterol lowering medications..... yes no  
a. which one/dosage? \_\_\_\_\_
6. Do you know your L.D.L. (bad cholesterol)..... yes no  
a. what is it? \_\_\_\_\_
7. Have you been tested for C.R.P. (C-reactive protein)..... yes no  
a. what is the measure of your artery inflammation? \_\_\_\_\_

### What is the purpose of the above questions?

Some of the latest Heart disease studies have shown a direct relationship between Heart Disease, and the combination of High L.D.L. Cholesterol and Inflammation. Periodontal (gum) disease is a major factor in inflammation found in the body.

New studies: are pushing medical researchers to reconsider the cause of Heart Disease. Half the patients hospitalized for heart disease, have so called normal levels of L.D.L. (bad cholesterol).

Conclusions: Inflammation (like that, found in periodontal disease) may trigger Heart Attacks and Strokes.

- **Treating areas of inflammation and further lowering L.D.L. can help prevent heart attacks and strokes.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date